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5th National Lymphoedema Conference

Increasing patient motivation and enhancing self-care

America Square
Conference Centre, London
1st March 2018



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Limited availability: book your free place now

 www.lymphoedemaconference.co.uk



Objectives:

5th National Lymphoedema

Conference: 'Increasing patient motivation and enhancing self-care' will bring together the leading specialists in the discipline to present and inspire discussion on the issues and debates that are most relevant to lymphoedema treatment and research today.

Attending the conference will:

- Provide insight into the latest developments in lymphoedema management
- Give you a clear understanding of varicose eczema and chronic swelling and the basics of dermatology
- Provide information on how to set up a Red Leg service in your area
- Give you the opportunity to explore the impact of compression after surgery
- Highlight the challenges in managing the obese patient and of providing cost-effective wound care
- Give you a chance to share and exchange your ideas with other professionals in the field

Target audience

- Lymphoedema clinical nurse specialists
- Community nurses with an interest in lymphoedema treatment
- Nurse specialists in disciplines that overlap with lymphoedema (e.g. dermatology)
- Nurse consultants developing their practice and training others
- Healthcare assistants
- Any other professional with an interest in lymphoedema

5th National Lymphoedema

Increasing patient motivation and enhancing self-care

Thursday 1st March 2018

08:30–09:15	Registration, refreshments and exhibition viewing
09:15–09:20	Welcome and introduction by Chair
CHAIR:	Annabel De Coster Editor, <i>British Journal of Community Nursing</i> , London
09:20–09:55	Challenges of understanding self-management in chronic oedema Aimee Aubeeluck Associate Professor, Faculty of Medicine & Health Sciences, University of Nottingham
09:55–10:00	Q&A
10:00–10:30	Varicose eczema and chronic swelling/ the basics of dermatology Melanie Sutherland Dermatology Sister and Lymphoedema & Cellulitis Specialist, Norfolk and Norwich University Hospital NHS Foundation Trust
10:30–10:35	Q&A
10:35–11:05	How to set up a Red Leg service in your area Rebecca Elwell Macmillan Lymphoedema Nurse Specialist, University Hospitals of North Staffordshire NHS Trust
11:05–11:10	Q&A
11:10–11:40	Refreshments and exhibition viewing
11:40–12:10	How increasing the variations in hosiery available on drug tariff has a positive impact on reducing caseloads of specialist clinics. Clinical Audit Natalie Lee Clinical Manager, Haddenham Healthcare
12:10–12:15	Q&A
12:15–12:45	Impact of compression after surgery: Lipoedema UK survey Sharie Fetzer Chair, Lipoedema UK
12:45–12:50	Q&A
12:50–13:50	Lunch and exhibition viewing

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Patient motivation enabling self-care

13:50–14:25 **How to establish thorough vascular assessment in the absence of ABPI**

Paula Lawrence

MacMillan Clinical Nurse Manager, Lymphoedema and Tissue Viability, Betsi Cadwaladr University Health Board

14.20–14.25 **Q&A**

14:25–15:00 **Panel discussion: working Doppler group**

CHAIR: **Rebecca Elwell**

Macmillan Lymphoedema Nurse Specialist,
University Hospitals of North Staffordshire NHS Trust

PANEL: **Tracy Green**

Clinical Advisor, Sigvaris

Robin Cooper

Vascular / Lymphoedema Nurse Specialist
Salisbury District Hospital

Paula Lawrence

MacMillan Clinical Nurse Manager, Lymphoedema and Tissue Viability, Betsi Cadwaladr University Health Board

15:00–15:30 **Outcomes of treatment when using the LTA method of bandage application in Lymphoedema Compression bandaging of the limbs. Retrospective Study**

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Jane Wigg

Director, Lymphoedema Training Academy

Stacy Pugh

Clinical Nurse Manager,
Wolverhampton Lymphoedema Service.

15.30–15.35 **Q&A**

15:35-16:00 **Refreshments and exhibition viewing**

16:00-16:30 **Managing the obese patient**

Dr Vaughan Kelly

Lymphoedema Consultant Derby Teaching Hospitals NHS Foundation Trust

16.30–16.35 **Q&A**

16:35–17:05 **The challenge of providing cost-effective wound care**

Jeanette Milne

Tissue Viability Nurse Specialist
South Tyneside Foundation Trust

17.05–17.10 **Q&A**

17:10 **Close of conference**



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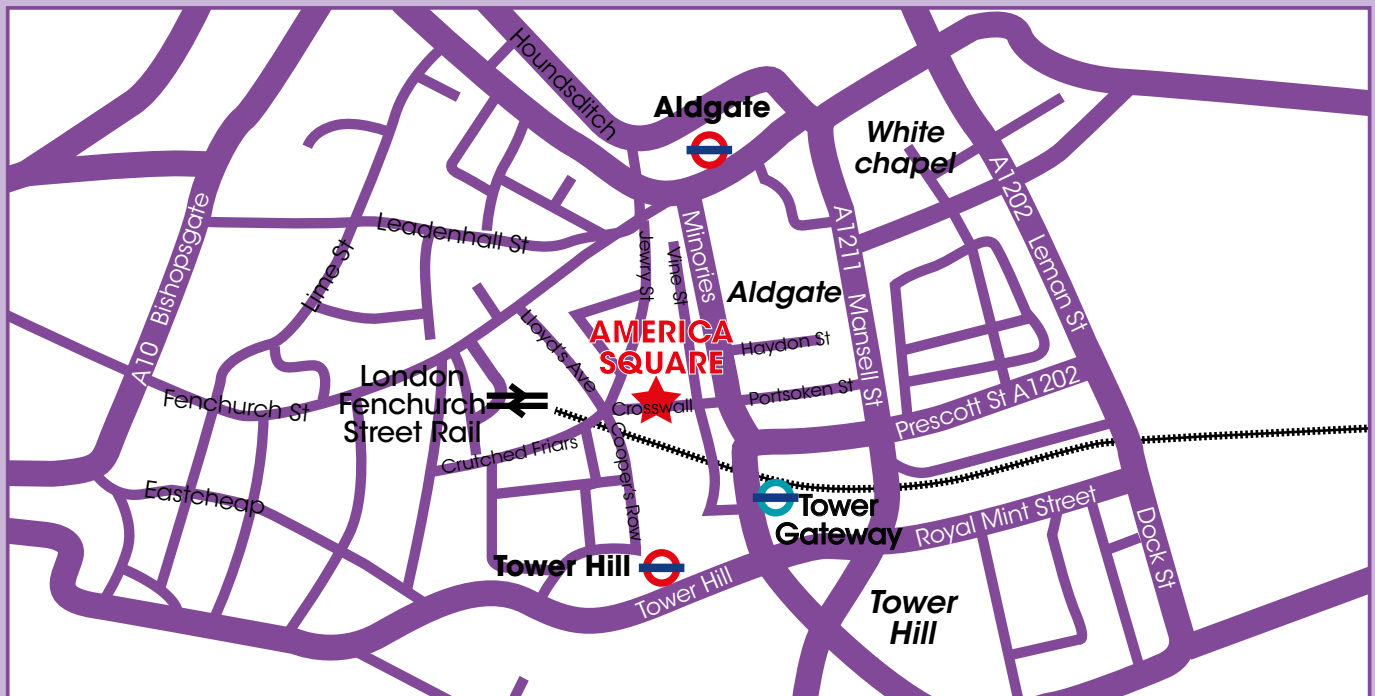
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www.lymphoedemaconference.co.uk



020 7501 6381



How to get to the venue

America Square Conference Centre, 1 America Square,
17 Crosswall, London EC3N 2LB

By Underground: Tower Hill – 1 min walk (District, Circle and Docklands Light Rail Services). On leaving Tower Hill tube station by walking straight out of the exit, turn right and walk for 100 meters past the Grange City Hotel and under the overhead train line bridge where you should turn right into Crosswall. The entrance to America Square Conference Centre is 50 metres on your right through the revolving doors.

By Car: Please note that this venue is within the Congestion Charge Zone. There is no parking at the America Square Conference Centre.